

## Longevity Medicine Memberships – Y1

	Tier 1	Tier 2	Tier 3
Objective	Longevity overview	Tier 1 + Nutrition Physical Cardiovascular	Tier 2 + Hormones Bones Movements
<b>Doctor consultation</b>			
Initial	1x	1x	1x
Follow-ups	3x	6x	6x
<b>Testing (Lab)</b>			
Genetic/DNA markers	Longevity	Longevity Nutrient	Longevity Nutrient Hormones
Immune-age (GlycanAge)	+	+	+
Food Inflammation Test (FIT 176)	-	+	+
Gut Barrier Analysis	-	+	+
<b>Serum</b>			
Liver + Gallbladder	+	+	+
Kidney	+	+	+
Inflammation	-	+	+
Metabolic	-	+	+
Blood Chemistry	-	+	+
Iron Studies	-	+	+
Sugars	+	+	+
Lipids	+	+	+
Vitamin (mini)	-	+	+
<b>Cardiac Profile</b>	-	+	+
<b>Omega Analysis</b>	-	+	+
Sex Hormones	-	-	+
Pituitary Hormones	-	-	+
Precursor Hormones	-	-	+
Thyroid Panel	-	-	+
<b>Growth Hormone</b>	-	-	+
Hormone Associated Markers	-	-	+
<b>Testing (Physical)</b>			
Advanced blood pressure screen	-	+	+
Pulse Wave Analysis (Arterial Stiffness)	-	+	+
Dexa scan (Viscera)	-	+	+
VO2 Max	-	+	+
Dexa Scan (Bone)	-	-	+
Functional Movement Assessment	-	-	+
<b>Other</b>			
Nutritionist	-	3x	3x
Health Coach	4x	5x	Unlimited
Prescription Fee	+	+	+
	2x complimentary	4x complimentary	6x complimentary
Sauna	20% off any additional sessions	20% off any additional sessions	20% off any additional sessions
IV Drips	10% off NAD+	15% off all vitamin therapy	20% off all vitamin therapy
<b>Price</b>			
<b>Initial</b>	<b>£1,000</b>	<b>£2,300</b>	<b>£3,500</b>
<b>Monthly thereafter (starting month 4)</b>	<b>£75/m</b>	<b>£175/m</b>	<b>£275/m</b>

**Please note:** Our tiered memberships, including prices, are reviewed periodically. This allows us to offer the most clinically relevant testing, supporting prices and care to all of our members, and ensures we are always at the forefront of the longevity medicine field.